



RAISING UP DISCIPLES IN THE HEART OF THE CHURCH.

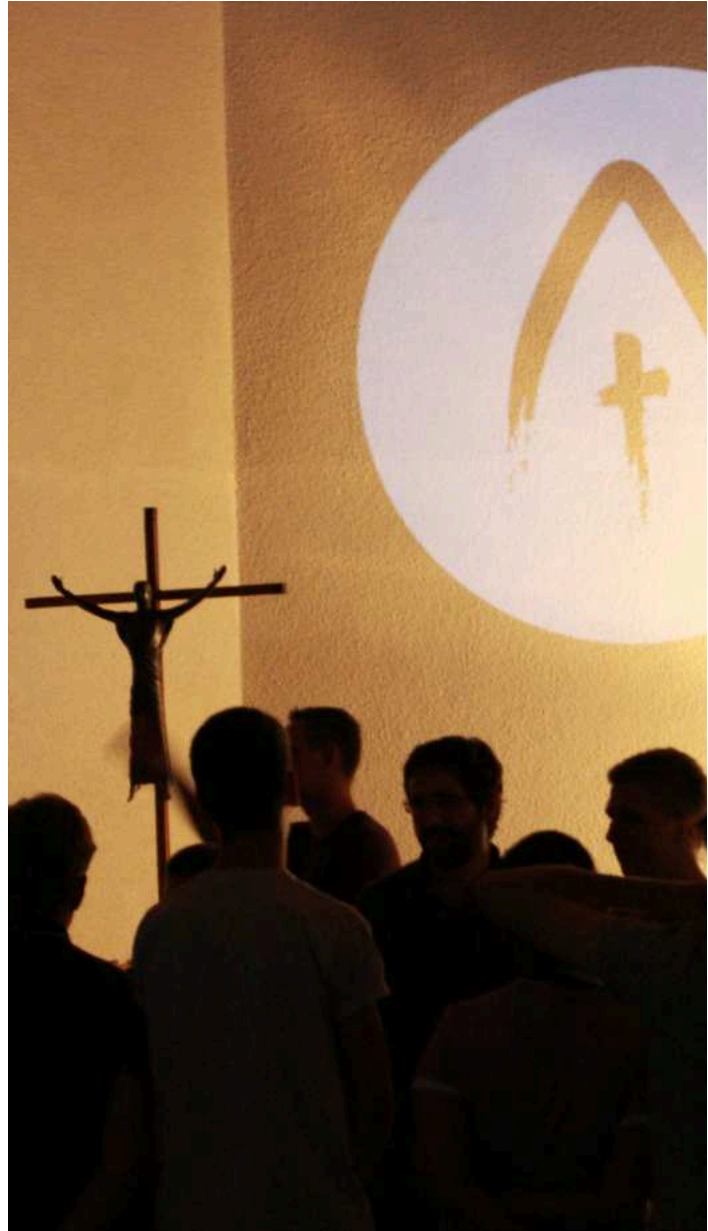


---

# Our Beginnings

The idea of theASCENT was born in 2012 in an attempt to address the issue of young people in their mid to late teens disconnecting from their relationship with Christ and the Church. It was evident that young people were responding to the invitation of the Gospel in different contexts, but there was often little to no follow up for teenagers to nurture the seed of faith they had received. Thus theASCENT was founded as a three year discipleship process that could act as a place of belonging and training, to equip young people with tools to become effective missionary disciples.

---





---

## Our Vision

Is to see a movement of Spirit filled disciples, who are united in following Jesus minute by minute, and living out their God-given purpose.

---

---

## Our Mission

Is to provide a discipleship journey featuring retreats, small groups and mentoring, which empowers young Catholics to pray, step into their God-given identity and impact society with the Gospel.

---

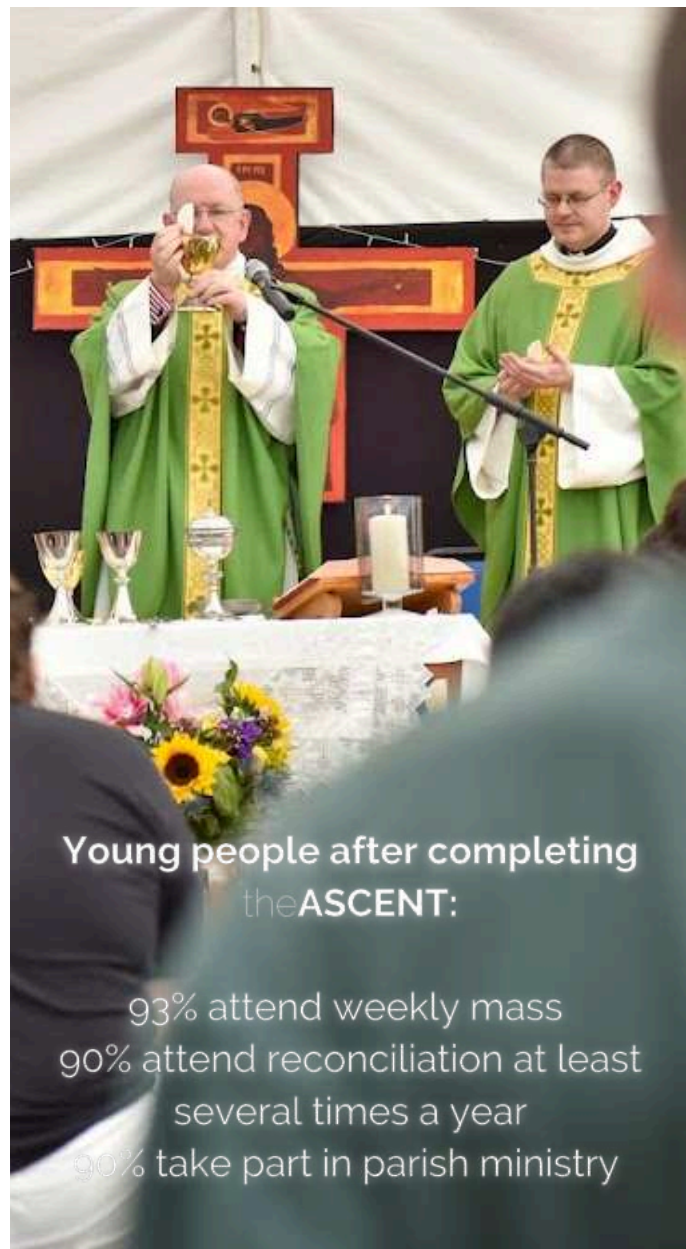
A photograph of two young men sitting on a wooden bench outdoors. They are both looking towards the right, where a bright green field is visible. The man in the foreground is wearing a light blue t-shirt and a black lanyard. The man behind him is wearing a brown sweater and a black lanyard. The text 'Over 400 hours of mentoring a year have been delivered by our trained mentors' is overlaid in white on the bottom right of the image.

Over 400 hours of  
mentoring a year  
have been  
delivered by our  
trained mentors

---

# How could the **ASCENT** help your parish?

- We provide the time, personnel and resources which you might not have in your parish.
  - Great post confirmation follow up.
  - Complimentary of your established parish youth group and ministry.
  - A good opportunity to develop your teenage altar servers.
  - A unique catechetical process and methodology.
  - Continuous and youth focused formation on prayer; the Eucharist and other sacraments; scripture; vocation discernment; Catholic social teaching; and evangelisation.
  - Leadership training and encouragement to serve in their parish and school.
  - One to one accompaniment throughout.
- 



Cut along the dotted line and hand out to any young people you think would be interested!



- Build **friendships** for life
- Increase **confidence** in your relationship with God
- Develop your understanding of the '**why**' behind your faith
- Receive a young adult **mentor** who invests in you and encourages you
- Ask your unanswered questions
- **Learn how to persevere** with your faith when life gets hard and how to **navigate your future**
- Graduate with a passion for **prayer**, deep friendships and a desire to **impact the world** around you
- **Be connected to a national group of young Catholics** who are on the same journey



**Learn. Pray. Go.**

# How does the ASCENT learn, pray, go?



- A 3 year journey for those in years 10-12 where you commit one year at a time
- 3 residential weekends a year at one of our three national locations:
  - Worth Abbey, Sussex
  - Sion Community, Essex
  - Castlerigg, Cumbria
  - The Briars, Derbyshire
- Monday night online small groups during term time
- 20-30mins of monthly mentoring
- Cost £37.50 a month (bursary options)
- Starting this Autumn
- Check out our website for more information.

Learn. Pray. Go.



Cut along the dotted line and hand out to any young people you think would be interested!



- Build **friendships** for life
- Increase **confidence** in your relationship with God
- Develop your understanding of the '**why**' behind your faith
- Receive a young adult **mentor** who invests in you and encourages you
- Ask your unanswered questions
- **Learn how to persevere** with your faith when life gets hard and how to **navigate your future**
- Graduate with a passion for **prayer**, deep friendships and a desire to **impact the world** around you
- **Be connected to a national group of young Catholics** who are on the same journey



**Learn. Pray. Go.**

# How does the ASCENT learn, pray, go?



- A 3 year journey for those in years 10-12 where you commit one year at a time
- 3 residential weekends a year at one of our three national locations:
  - Worth Abbey, Sussex
  - Sion Community, Essex
  - Castlerigg, Cumbria
  - The Briars, Derbyshire
- Monday night online small groups during term time
- 20-30mins of monthly mentoring
- Cost £37.50 a month (bursary options)
- Starting this Autumn
- Check out our website for more information.

✓ ^ >  
**Learn. Pray. Go.**





10 Years

the**ASCENT**

Learn Pray Go

ESTD

2013



[WWW.THEASCENTUK.CO.UK](http://WWW.THEASCENTUK.CO.UK)

© 2024 theASCENT UK  
theASCENT UK comes under the  
umbrella of CREW Trust:  
REGISTERED CHARITY NUMBER 277425